COOKBOOKS & RECIPES

New southern cooking with Nathalie Dupree .....Video 6937 0V*

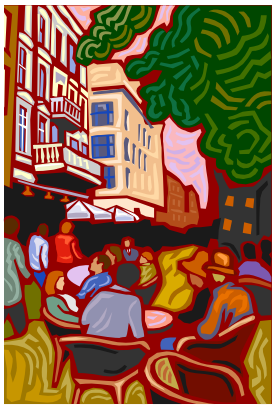
Julia's delicious little dinners (Julia Child) TX739 C464 1998
20 minutes to dinner TX652 T83 1987
The art of nutritional cooking TX714 B373 1999
The art of the meal: 1001 details TX714 M58 1999
Wolfgang Puck cookbook: Recipes from Spago, Chinois, & points east and west TX715 P952 1986
Best recipes from the backs of boxes, bottles, cans and jars TX715 D9772
Betty Crocker's all-time favorites TX715 C92138 1977
Campbell's 100 best recipes, plus 157 other family favorites TX715 C185 1969
Chow for now: quick cuisine for the collegiate crowd TX652 K59 1984
Cooking Club cookbook TX714 C65436 2002
Low-fat ways to cook family favorites TX715 L9015 1997
Encyclopedia of foods: A guide to healthy nutrition (Mayo Clinic) TX349 E482 2002
What to have for dinner: the best of Martha Stewart TX715 S84 1996
1,000 vegetarian recipes TX837 G387 1996
The low-carbohydrate gourmet: a cookbook for hungry dieters RM237.9 B76
The American Heart Association low-fat, low-cholesterol cookbook RM237.7 G78 1989
Cooking to your heart's content: A low-cholesterol cookbook for the ordinary kitchen RM237.75 T39 1990

July celebrates a variety of foods.

National Ice Cream Month
National Hot Dog Month
National Baked Beans Month
National Lasagna Awareness Month
National Pickle Month
National July Belongs to Blueberries Month
National Picnic Month
National Anti-Boredom Month
National Parks & Recreation Month
National Culinary Arts Month

July 5 = Workaholics Day
July 6 = National Fried Chicken Day
July 7 = National Strawberry Sundae Day
July 9 = National Sugar Cookie Day
July 12 = National Pecan Pie Day
July 15 = National Tapioca Pudding Day
July 17 = National Peach Ice Cream Day
July 18 = National Ice Cream Day
July 23 = National Vanilla Ice Cream Day
July 28 = National Milk Chocolate Day
July 30 = National Cheesecake Day

Food For Thought



FOOD SAFETY, NUTRITUION, HISTORY & MUCH MORE

Circulation / Reserve
Newman Library, Virginia Tech
540-231-6340
www.lib.vt.edu/circ-reserve

FOOD SAFETY

Food safety ..... Video 6892 OV*
Handle with care ..... Video 6911
In our children's food..... Video 4983
Harvest of Fear: Genetically modified foods
..... Video 8001
Kitchen safety: Accidents aren't accidental
..... Video 6855 OV*
Microbeman, the continuing adventures: The case of the perfect pig..... Video 6948
Safe food for outfitters ..... Video 6953
The great food fight..... Video 6958
Food safety: An educational video for institutional food service workers
..... Video 7090
ServSafe steps to food safety
..... Video 7284

CULTURE & HISTORY

American eats: History on a bun ..... Video 8084
American drinks: History in a glass..... Video 8085
Food: A multicultural feast
..... Video 6854 OV*
Fast food women..... Video 3500

NUTRITION & DIET

The new nutrition pyramid ...Video 6865 OV*
Eating Today.....Video 6991

All about fiber ....Video 6798 OV*
The food guide pyramid
.....Video 6799 OV*
Secrets of the food pyramid
.....Video 6918

Lowfat & fast!: Real food for busy people
.....Video 6920 OV*
Thin Dining .....Video 7002
Nutrition for the over-50 gang
.....Video 7000
Introduction to nutrition .....Video 6992
Nutrition for living .....Video 6930
Fast Food: Can your balanced diet survive fast food? .....Video 6887 OV*
Fundamental human nutrition
.....Video 6952
Diet for a New America: Your health, your planet .....Video 3822
Eat to your heart's content...Video 6965

How to read and use food labels
.....Video 6856 OV*
How to read the new food label
.....Video 6996
Low fat cooking .....Video 6975

OV* = Oversize

"EDIBLE" MOVIES

Chocolat (1989).....Video 2542
Chocolat (2000).....DVD 62
Willy Wonka & the chocolate factory
.....DVD 2165
Fried green tomatoes .....Video 3581
.....DVD 127
Like water for chocolate.....Video 4851
.....DVD 376
Attack of the killer tomatoes
.....Video 74
The cider house rules.....Video 7808
Cookie's fortune.....Video 7249
Scotland, PA .....DVD n108
The baker's wife (French).....Video 1736

Dr. Seuss' butter battle book
.....Video 5499
Picnic on the Grass.....Video 902
James and the giant peach..Video 5909
Duck soup .....Video 3087
Babette's feast.....Video 2010
Eat drink man woman .....Video 6288
.....DVD 1920
Vintage: a history of wine .....Video 6282
The fortune cookie.....Video 7152